



FINN'S PLACE

Annual Report 2018



In 2018 we worked with these organisations in planning, hosting or facilitating events.



We received funding from the following organisations.



And financial and in-kind support from Langside Church



Message from the Chair

I am delighted to be writing the forward to Finn's Places 6th annual report. We continue to go from strength to strength with just less than 200 attendances per week at the various activities on offer.

Our varied programme over the year is delivered by a host of dedicated sessional staff without whom we would struggle to make the difference to people's lives. Thank you to all of them.

I wish to congratulate Ruth, our Community Development Director, on being ordained this year as an OLM (Ordained Local Minister). We are indebted to her for her kind, caring and innovative approach to keeping Finn's Place a welcoming and safe space for all who attend.

Finn's Place was very pleased to welcome Elizabeth Cathcart (Lily) to the team as our part-time Administrator this year.

We were delighted to work closely with Langside

Community Heritage Group in both the celebrations of the Battle of Langside and the commemoration of the end of WW1. Who can forget the moving evening in November when we heard the stories of the 22 people from our local community who gave their lives for us in that terrible World War?

Continuing funding for Finn's Place is always an issue upon which all Board Trustees are focussed. We received the final of 3 instalments from The Big Lottery and I wish to record our thanks to them for their support over the last 3 years. They have encouraged us to apply for continued funding and we plan to do so. Langside Parish Church makes a significant contribution to the running of Finn's Place and as a result we have signed a formal partnership agreement and wish to thank them for their long-term support.

Linda J Watt MBChB, FRCPsych



Activities & events



At the core of Finn's Place is our regular programme of activities and during 2018 several new activities were added: Battlefield Big Band, Counselling, singing with Dr V and Breaking Borders Theatre Group. Average weekly attendance was just under 200 per week.

We hosted visits from Kevin Braddock who spoke on Asking for Help when dealing with mental health issues, and Fr Laurence Freeman, the Director of the World Community for Christian Meditation.

A summer solstice labyrinth event in the dusk of midsummer brought the first half of the year to an end. Lucie Potter's yoga retreat

and a winter solstice labyrinth event gave time for a break from the Christmas rush.

The two main events of the year were part of our involvement with Langside Community Heritage. First of all we joined in as they commemorated the 450th anniversary of the Battle of Langside. With a parade, a fortune telling goat, owls, a specially written play and music along with a visit from no less than 3 Mary Queen of Scots we had a fantastic two days in Queen's Park Arena with over 10,000 people attending over the two days.

Then we held a more solemn event where we

commemorated the 100th anniversary of the end of World War 1 with 'Our war is Over' an event that was the result of research into the lives of the 22 names that were recorded on the old Battlefield Church war memorial.

Our Wee Gathering on Wellbeing focused on Grief, Bereavement and Loss.





Over the year we have worked in partnership with a wide range of organisations to help plan events, support events and offer our space for use.

We hosted Glasgow



Presbytery's event
Presbytery's got Talent, training sessions for the South East Integration Network, an event as part of Malnutrition week for Eat Well, Age Well, the AGM for Fair Deal and a GAMH meeting.

The Wool Haven Knit and Natter group meet once a month, the Glasgow Life walking group finish their walk here every week, Lapidus have run two series on Art and Writing therapy, and the Fair Deal Garden group look after the church garden and rest in the garden room.

Langside Community

Partners & Friends

Heritage held their winter series of talks here every second month.

We provided shelter and refreshments for the Battlefield Community Project in their annual spring clean, provided space for workshops for the Halloween parade, and hosted the Christmas Community Carols.

Along with East Renfrewshire Carers Centre we hosted a garden party for carers.

As part of the European Championships we were asked to create a labyrinth in Glasgow Green.

People & Places



the stories of how people's lives have been changed through attendance at the activities offered at Finn's Place. This is helpful for us as we continue to seek funding to enable Finn's Place to continue.

Linda Jackson organised our SS Fringe event for writers and we had a wonderful

Spanish themed evening with fantastic music, flamenco and the contributions of guests and our own writers.

As always, we are extremely grateful for the time, energy and commitment of all those who deliver sessions and present at our events.

Square Yard Garden continues to offer a growing space for the community.

We were sorry to lose Jane Burdass as our gardener this year, but welcomed Colin Myles who took over her responsibilities.

Anna Deboub, our ESOL tutor, moved on and we were glad to have Kevin McAteer take over the class.

Lucie Potter, who has been delivering yoga classes with us since the beginning has reduced her classes and Emma Henry has taken over the time slot.

Billy Lamont facilitated feedback sessions for Finn's Place so we could capture



Accounts 2018

Finn's Place

Statement of Responsibilities of the Trustees

Trustees must prepare financial statements which give sufficient detail to enable an appreciation of the financial transactions of the Charity during the financial year. The Trustees are responsible for keeping proper accounting records which, on request, must reflect the financial position of the Charity at that time. This must be done to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the Charity and must take reasonable steps for the prevention and / or detection of fraud and other irregularities.

Independent Examiner's Report to the Trustees Finn's Place

I report on the accounts of Finn's Place for the year ended 31 December 2016 which are set out on pages 4 and 5

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity's trustees consider that the audit requirement of Regulations 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.


Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulation have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Date 02/08/2019

Finn's Place

Receipts and Payments Account For year ended 31st December 2018

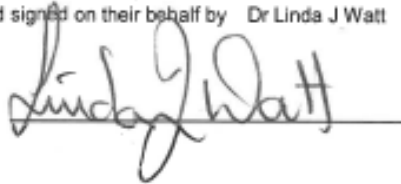
		2018	2017
Receipts	Note	£	£
Donations	3	<u>1,719</u>	<u>1,951</u>
		1,719	1,951
Grants	4	<u>35,060</u>	<u>59,070</u>
Fees		<u>35,507</u>	<u>37,261</u>
Total Receipts		<u>72,285</u>	<u>98,282</u>
Payments	5		
Costs of generating funds		-	-
Charitable activities		<u>79,256</u>	<u>77,780</u>
Governance costs		-	-
Total Payments		<u>79,256</u>	<u>77,780</u>
Excess of Receipts over Payments in year		<u>(6,971)</u>	<u>20,502</u>

Statement of Balances

	2018	2017
	£	£
Bank & Cash balance b/fwd.	<u>24,605</u>	<u>4,103</u>
Excess of Receipts over Payments in year	(6,971)	20,502
Bank & Cash Balance carried forward	<u>17,634</u>	<u>24,605</u>

Approved by the Trustees and signed on their behalf by Dr Linda J Watt

Chair



Date 31st July 2019

Finding Finn's Place has been great and helps me relax and find a place of peace.

I have also been to a few activities on occasion and feel that Finn's Place is just what this area needs. It is friendly, educational and constructive.

Makes me belong to a group.

Helps me make friends over tea afterwards.

It is wonderful mixing with the others who attend as it is very friendly and inclusive.

The community aspect is welcome and offers gentle inclusion.

A good social event as well with tea, coffee and biscuits available afterwards.

I have found it to be an extremely welcoming and accepting environment that I have not found elsewhere.

Very positive experience. Friendly and welcoming atmosphere. Felt the benefit right away.

Community, acceptance, learning, at one with self, peaceful, happiness, appreciation, meeting others, calm. Thank you, your work is valued.

It gives space to come and connect

The room is warm and spacious and welcoming - the ideal environment.

Very pleasant staff and surroundings. Pleasing atmosphere and helpful people. Highly recommended. First class! Very good value compared to comparable services around town. Good availability of parking and good coffee!!

Finn's Place is welcoming and peaceful.

The social aspect afterwards has given me the opportunity to have some connection with people - much needed being new to the area. This is a warm and welcoming environment.

The social contact is important and even better when combined with a wellbeing activity.

I've also made new friends which is lovely and important to my wellbeing.

Voicemale gives me the opportunity to sing and laugh and generally socialise with men of my own age.

A nice quiet place to come and sit and feel at peace with a cuppa.

I appreciate the welcoming atmosphere in Finn's Place.

Finn's Place is a great part of the community and helps to both identify and provide a solution for mental health and wellbeing.

Meet new people, explore creativity, learn a new skill.

Coming fortnightly has improved my general well being greatly and has become an oasis of gentleness and comfort at times of particular stress and discomfort. I have recommend Finn's widely as a result of the wonderful care and attention here.



FINN'S
PLACE

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