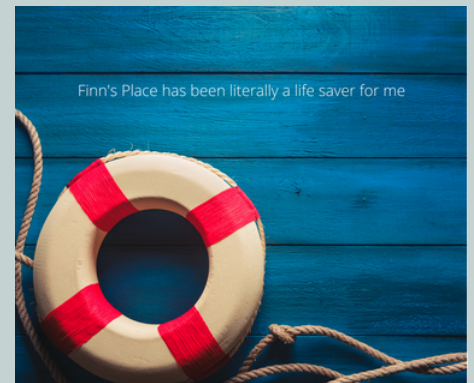


# ANNUAL REPORT 2021

*Finn's has  
opened up  
a world of  
creativity  
and  
sociability.*

FINN'S PLACE





It is such a pleasure to be able to sit down to write the 8th Annual Report on Finns Place, knowing we have come through the pandemic in good financial health due in no small part to our loyal supporters and our wonderful fulltime and sessional staff.

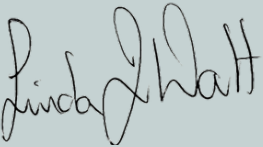
2021 started with us all in lockdown and the year finished in the same manner. We were able to open up for a short time over late summer and early autumn, for the rest of the year our activities had been online. It is testament to the skills of Ruth (Community Development Director) and Jacqui (Administrator) that most of our supporters and sessional staff managed to master 'zoom type' activities and adopted our new 'contactless' payments system. Even the Board of Trustees have migrated to online Board meetings without any loss of focus or rigor.

As you will see Cop'26 featured as a highlight in our activities this year and I want to pay tribute to Ruth our CDD who was part of the Mediation team, 'Keeping our Cool' who ensured that the strong passions on display through the event didn't spill over into anger or worse.

I am very grateful to our funders: The Big Lottery Community Fund, Langside Parish Church, The Weir Charitable Trust, The Co-op Fund, SCVO, Social Enterprise Scotland & The Kilt Walk who continued funding for Finns Place during the pandemic when attendances were inevitable reduced. Their faith in us is much appreciated.

Finally, I want to congratulate Mr George Mercer on his retirement from his role as Langside Parish Church Officer after more than 30 years in the role. George was a great supporter of Finns Place, staying from early morning 'till late at night making sure the activities ran smoothly. He did this with good grace and a cheery 'hello 'for everyone. He will be missed by all but deserves a well-earned retirement.

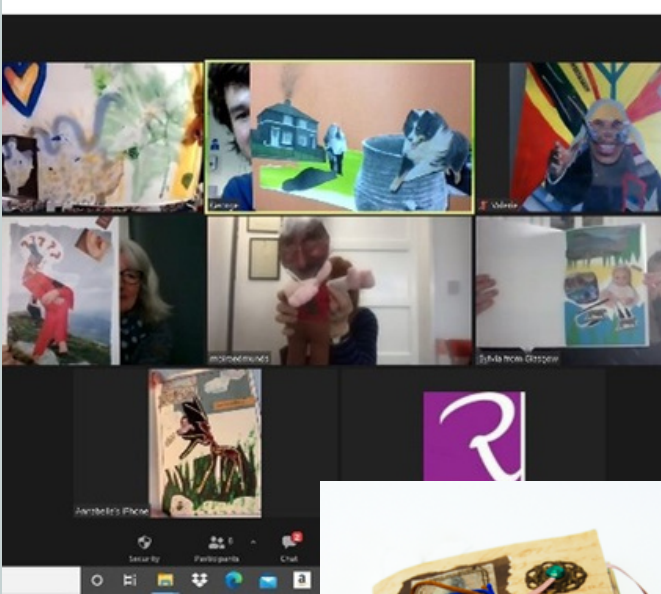
I am already looking forward to next year when we hopefully can open our doors again.

  
LINDA J WATT  
MBCHB FRCPsych

# Chair's Report

# Finn's Place 2021

## Community Development Director's Report



We began 2021 still in lockdown and with most things online.

To help people deal with the challenge of lockdown and its impact on their mental health we offered several new craft activities such as Gratitude Journal, Collage, Decoupage and Macrame session online run by Reach Out with Arts in Mind.

We also held 'Stress in the New Normal' run by Positive Steps, a very helpful series of sessions to help deal with the changes we were all having to deal with due to the pandemic.



We had a digital launch of the World War 2 booklet 'A Different Kind of War, a Different Kind of Peace.' The small team of volunteers from Langside Community Heritage, Newlands South and Langside Churches had been working on this all winter and we were delighted to have a companion volume for the WW1 booklet which we had published in 2018.

For Demystifying Death week in May we held two events: 'What happens when someone dies?' and 'Planning Ahead,' with support from the Prince & Princess of Wales Hospice team.

Square Yard gardeners were able to continue through out the year with a rota and with restrictions easing were finally able to meet together in the garden.





As we entered June we were able to plan to reopen the building and classes began at the end of the month with all the usual restrictions in place with which we had all become so accustomed.

With a small team of three we raised a total of £1320 at the Kiltwalk which was increased to £1980 by the Tom Hunter Foundation.

With some funds from the Social Isolation Fund we were able to host a Veg Power cooking course during the summer and every session was held outside.

With funding from Adapt & Thrive we were able to purchase 5 new benches for the garden so more people could enjoy this social space.



As we emerged from lockdown and restrictions, we held a Recovery Café to allow people to explore how they were feeling after such an extended period of little contact with friends and family.

And of course, COP 26 dominated everything in Glasgow in November. We held an event with the World Community for Christian Meditation to consider the relationship between meditation and caring for our planet.

And with Christian Aid we held a 'What the COP?' event with a banner making workshop for the Climate Challenge march in Glasgow and watched a screening of 'Not without us.'

Our first big event with a real audience was our writers' event when the participants shared their poetry and prose on 'Looking Back: Going Forward' exploring experiences and themes they had considered during the lockdowns and restrictions.

We had hoped to have a visit from the Heart Bus on its national tour around the UK, but unfortunately the bus broke down, but we had a wonderful day with the Heart Bus team exploring mindfulness, Capacitar, fitness and listening skills.

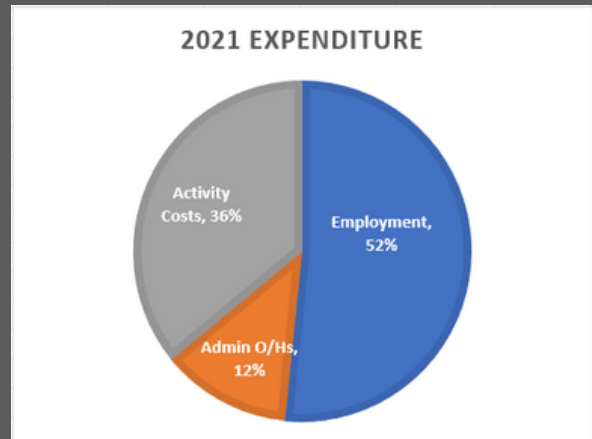
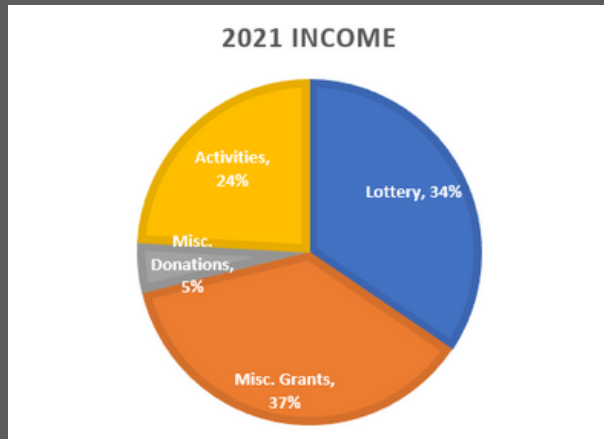
We hosted a Carers' retreat afternoon when they were able to try tasters of Tai Chi and Capacitar as well as afternoon tea on the patio.



# Finances 2021

Total Income : £101,597

Total Expenditure : £81,349



Balance B/F: £28,116

Excess of income over expenditure: £20,247

Balance C/F: £48,363

As always, we are grateful to all those who have made donations and the funders who have supported the work of Finn's Place over the past year.



It's what we do



Scot's Bank of Scotland #scotland'svirtualkiltwalk



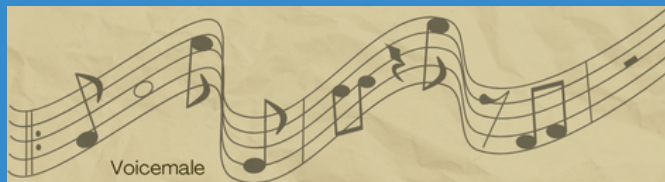
# Feedback

Here is a small sample of what people have said about Finn's Place and the activities we held this year.



*This is an excellent class ... where I have learned a lot and improved my writing skills, my confidence and my friendship group.*

*Creative Writing*



*Voicemail*

My only social activity, just moved to the city, gets me out of the house and meeting people

*Capacitar*

Healing, transformative, and peaceful energy.

**Square yard is a place to be with friends and nature. Weeding, watering and planting is good and perfect way to de-stress. And the produce is so tasty!**



*Massage*

“

**I feel less stressed after each session, totally relaxed and ready for anything.**

At the end, I feel positive, stretched and strengthened, both emotionally and physically.

*Pilates*





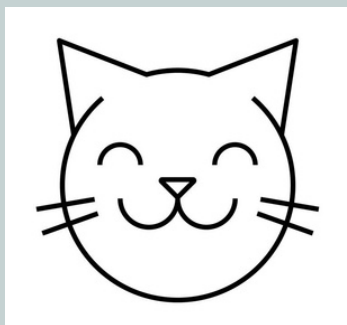
Love this yoga class!  
So grateful to have such a welcoming, accessible class in my neighbourhood.



*I haven't felt the joy I feel dancing in the DMT group since before COVID! The space here at Finn's Place is so beautiful and a lovely setting for a wellbeing group. It's so good for me – to move, to connect, to express.*

# FINN'S PLACE

Finn's Place  
Langside Church  
167 Ledard Road  
Glasgow  
G42 9QU



[www.finnsplace.org](http://www.finnsplace.org)



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